



Is it Bullying?

# Board Game



A board game for  
understanding the  
characteristics of  
bullying



# Is it Bullying? Instruction Page



## Game Set Up




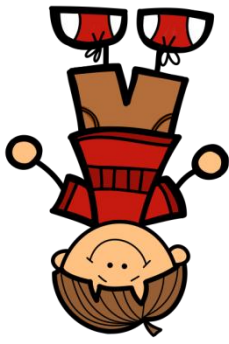




1. Print as many copies of the game board as needed.
2. Print 4 copies of the card cover page.
3. Print the back of the cards on the opposite side of the cover card pages. Laminate and cut cards out.
4. Mix the cards up and face down. You will want the situation cards and target cards mixed together.
5. You will need 1 or 2 dices (depending on length of time available for game). 1 will make the game last longer, 2 will make the game shorter.
6. Print the game player pieces on card and follow the directions on that page to create the pieces.

## How To Play

1. Have each player choose a game piece and place it at the start.
2. Player 1 will roll the dice. Player must pick a card up.
  - a. If it is a situation card, the player must decide if the situation is bullying. If the player answers correctly, the player may move the same number of spaces on the dice.
  - b. If it is a target card, the player must follow the directions on the card.
3. If the player lands on a bystander spot, he/she must follow the directions on the board.
4. Repeat. The first player to the end wins.

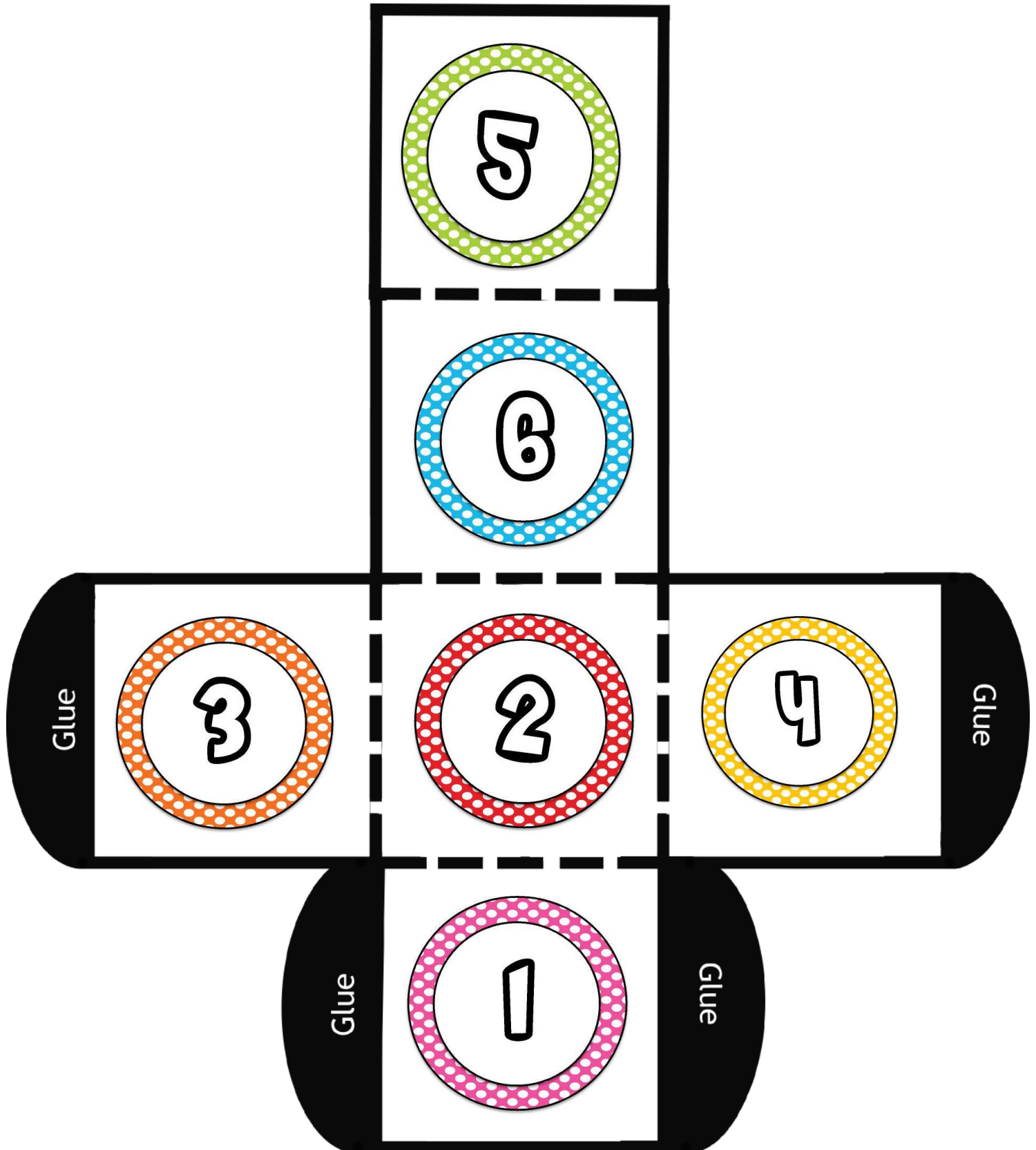
The purpose of the game is to help children and adults understand the characteristics of bullying. Many times bullying, teasing, and friendship conflicts are confused. Children need to understand when to report and when to try to solve a conflict themselves. This also helps children understand the importance of reporting instead of being bystanders.

**Game Player Pieces Directions:**  
 Cut vertically on the lines between each player. Fold each game piece in half, between the two pictures on each game piece. Fold the bottom two boxes on the lines under each player. Glue the two boxes together. Your player should stand up.

Glue to other side	Glue to other side	Glue to other side	Glue to other side
			
			
Fold on line and glue to other side	Fold on line and glue to other side	Fold on line and glue to other side	Fold on line and glue to other side

## Bully Blocker Dice

**Directions:** Cut along the outside lines. Fold along the dotted lines and along the bottom of the glue tabs. Apply glue to the tabs. Fold into a cube and allow to dry.







Cindy called you a name. You stood up for yourself and told her to stop. She has never bothered you again.

**Was it bullying?**

James has pushed you and you got mad. You pushed him back.

**Was it bullying?**

You do not know Curtis and have never talked to him or about him. However, he keeps making fun of you. It keeps happening over and over.

**Is it bullying?**

You and your best friend get in an argument. Your friend is ignoring you now.

**Is it bullying?**

Rebecca got mad at you for not sharing and she pushes you. She apologises later and it never happens again.

**Was it bullying?**

Mark accidentally trips you up.

**Was it bullying?**

Cindy threatens you multiple times. You do not say anything back to her.

**Is it bullying?**

When playing football, John hit you in the head with the ball. He apologised, but you got hurt.

**Was it bullying?**

You and your best friend are arguing. Your best friend calls you a name behind your back.

**Was it bullying?**



You and a girl in your class do not get along. You both talk about each other to your friends.

**Is it bullying?**

You make fun of another child's clothes daily. The other child has not bothered you, but you think his clothes are funny.

**Is it bullying?**

Mitchel has threatened you for no reason. While you have tried to stay away from him, he keeps showing you his fist and giving you mean looks that make you feel scared.

**Is it bullying?**

Damien called you a name after you took his pencil.

**Was it bullying?**

Olivia tore your paper. She also called you a name and yelled at you last week. You do not even know Olivia.

**Is it bullying?**

You started a rumor about another person. In return, she starts a rumour about you.

**Is it bullying?**

Your best friend makes fun of your new haircut.

**Is it bullying?**

You try to play football every day at playtime but the children ignore you or tell you no. You have done nothing to deserve it.

**Is it bullying?**

Jennifer stutters when she talks. You think it's funny, and you, along with your friends, laugh at her daily.

**Is it bullying?**





Seb pulls Marla's hair because of a dare. It only happened this one time.

Was it bullying?

When Daisy gets on the bus, the children move away from her. She always has to ride the bus by herself and doesn't understand why.

Is it bullying?

Kate texts mean things to Darcy daily. Darcy has asked her to stop, but Kate does not.

Is it bullying?

When playing football, Neil always tackles Katie. Neil thinks it is funny, even though Katie doesn't.  
Neil and Katie are best friends.

Was it bullying?

One time Eadie tripped Sam on purpose.

Was it bullying?

Ben does not like Kendra. He plays mean tricks on her for no reason.

Is it bullying?

David gave Sarah a mean nickname. Now all of David's friends call her that nickname too.

Is it bullying?

Whenever Steve says something in class Lucy rolls her eyes and laughs at him. Steve has not been mean to Lucy.

Is it bullying?

Joe and Lisa do not agree on anything. They seem to argue a lot.

Is it bullying?



## Target Card

You have been a victim of bullying. You report it to the teacher.

**Move ahead the number of spaces on your dice**

## Target Card

You have been a victim of bullying. You report it to the teacher.

**Move ahead the number of spaces on your dice**

## Target Card

You have been a victim of bullying. While you have said stop, you have not reported it to an adult.

**Move back the number of spaces on your dice**

## Target Card

You have a friendship problem, not a bullying situation. You use conflict strategies to solve the problem on your own and do not tell the teacher.

**Move ahead the number of spaces on your dice**

## Target Card

You have a friendship problem, not a bullying situation. You use conflict strategies to solve the problem on your own and do not tell the teacher.

**Move ahead number of spaces on your dice**

## Target Card

You have been a victim of bullying. While you have said stop, you have not reported it to an adult.

**Move back the number of spaces on your dice**

## Target Card

You have a friendship problem, not a bullying issue. You do not try to use strategies to solve the problem yourself. You go straight to tell the teacher.

**Move back the number of spaces on your dice**

## Target Card

You have a friendship problem, not a bullying issue. You do not try to use strategies to solve the problem yourself. You go straight to tell the teacher.

**Move back the number of spaces on your dice**

## Target Card

You have a friendship problem, not a bullying situation. You use conflict strategies to solve the problem on your own and do not tell the teacher.

**Move ahead the number of spaces on your dice**



# Is it Bullying?

